

Class 2 District 2 and Class 3 District 2 Meet at LN, S, 5/10/25

Games Committee:

Lutheran North, Maplewood-Richmond Heights, Grandview-Hillsboro R2, Metro, Veritas

Alternates: STEAM, Bourbon, Collegiate Med-Bio Sci, Brentwood

Barring approaching inclement weather, we will NOT run ahead; we MAY run behind BUT we MAY catchup.

7:45 Medical Meeting 8:15. Coaches Meeting. 8:00 Throw Weigh-ins for a.m. throws
8:35. Field Event Officials. 12:30 Throw Weigh-ins for 3G, 3B SP; 3B, 2G Discus; 2B, 3G Javelin

Field Events: about 90 min. for prelims; 30 min. for finals (tho GSP and GTJ usually go more quickly; we can RESET prelim times for all field events once entries are confirmed); cafeteria for LJ, TJ; Flights (shortest to longest) for Throws; HJ/PV “all alive” now

Shot Put	9:45 2B	11:45 2G	1:30 3G	3:00. 3B
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Discus	9:15 3G	11:15 2B	1:15. 3B	3:15 2G
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Javelin	9:15 2G	11:15 3B	1:15. 2B	3:00 3G
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Pole Vault	9:30 2G	11:00 3B	12:45 2B	2:30 3G
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Note: PV wu starts at this time, with a ROLLING start as we fall behind

We need to check MOMILESPLIT to see how many are in each PV to better adjust PV

PV and HJ start 2 bars UNDER 8th place. (5cm; 15cm)

High Jump	9:15 3B	11:15 2G	1:15 3G	3:15 2B
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Long Jump	9:15 2B	11:30 3G	1:30 3B	3:30 2G
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Triple Jump	9:15 3G	11:30 2B	1:30 2G	3:15 3B
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Track Events: We may fall behind and will attempt to catch up; we will NOT run ahead UNLESS inclement weather is approaching.

Order is 2G, 3G, 2B, 3B

9:45 4 x 8

10:40 HH

11:05 100M

11:35 4 x 2

12:15 1600

12:55 4 x 1

1:20 400

1:50 300H

2:25 800

3:05 200

3:35 3200

4:45 4 x 4

Tentative Officials: Nick Damaso, ShaiKenya Latasha Williams-Brown ; Field Judge: Earsene Andrews, Glendoria Elliott

BRING YOUR OWN STARTING BLOCKS TO ENABLE YOUR ATHLETES TO SET THEM!

DISTRICT Short Sleeve T-SHIRTS AVAILABLE AT CONCESSION STAND FOR \$16.

Bring your own water jugs; spigot available behind pavilion.

This is the schedule the Games Committee approved. More information will follow formally in about 2 weeks. That will include directions for buses, parking, sales of tickets, concessions, t-shirts, tent locations, etc.

We use our football infield as a large coaching box and warm up area, with restricted areas marked with flagging tape and stanchions.

Our throws are all on the upper level.

Tents may be located around the "bowl" on the west, north (visitor's) and east side, and east of the fire hydrant on the south side.

Weigh ins are behind the concession stand in the "garage."

The timing truck will be on the infield next to the finish line.

Coaches Meeting will be in the SE corner of the home side (south) spectator stands. No team camps in the south (home) stands.

All schools will be expected to work at least one officiating duty per gender entered. IF YOU HAVE (A) SPECIFIC EVENT(S) OR ASSIGNMENT YOU WOULD LIKE TO DO please email me by April 21. Please list 2 preferable duties for each gender and a third for either gender. I'll try to honor your requests, but we may need to assign some of you who have notable expertise to a specific duty. Have (a) knowledgeable individual(s) to carry out your assigned duties for your class. Duties CAN include:

All Field Events (by class and gender): SP, D, Jav, TJ, LJ, HJ, PV

All classes/genders: Exchange Zones; hurdle placement/marshall, turn judge, break-line; cone placement on turns.

If you have any questions about the meet prior to receiving the formal District packet, please contact me.